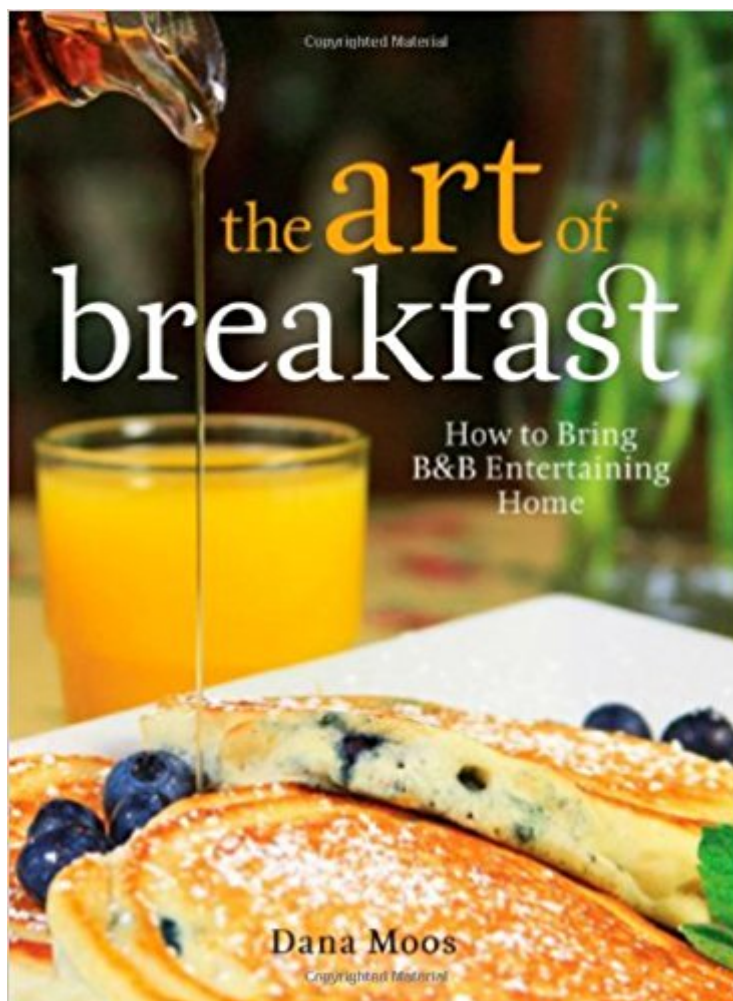


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# The Art Of Breakfast: How To Bring B&B Entertaining Home



## Synopsis

A Maine breakfast is more than just blueberries. Dana Moos of the Maine Innkeeping Academy shows you how to whip up a delicious and beautiful breakfast, whether you're cooking for your out-of-state in-laws or running your own B&B. Maine is a travel destination, and its B&Bs are some of the most visited places in the state. Dana Moos, the former innkeeper of the Kingsleigh Inn in Southwest Harbor, has great advice on serving a breakfast that not only tastes great but looks good too. Perfect for B&B owners, but also great for folks with out-of-town guests, this book makes creating an artful and tasty breakfast easy.

## Book Information

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## Customer Reviews

“If, like Moos, you believe a gorgeous, gourmet breakfast starts the day off right, this book is the guide and inspiration for making meals as delicious and impressive as hers.” -- Tina Cohen, *The Working Waterfront*, 2/22/12

I really enjoy this book. I was looking for some decadent brunch dishes for lazy weekends, and this fits the bill nicely. I was surprised by how easy most of them are to pull together. Absolutely delicious dishes, and her aesthetics are great. Everyone at the table will feel pampered. Pictured below: 1) Monte Cristo with Ham, Maine Maple Mustard, Pears, and Havarti [f&A](#) [p 41](#). This savory sweet mash-up is divine. 2) Savory Spinach and Parmesan Cheesecake [f&A](#) [p 126](#). Fabulously decadent. It's unbelievable creamy. 3) Blueberry Oatmeal Streusel French Toast with Warm Maple Rum Sauce [f&A](#) [p 46](#).

Wonderfully sweet and homey. I pulled this together while my cheesecake was in the oven so that it was all ready for the next morning. This one is my favorite. It would be a great one for holiday mornings, since you can prep it the night before. 4) Asparagus, Parmesan, and Ricotta Crepes with Fresh Maine Crab and Browned Butter 71. Such an elegant dish. Love! Some others I have flagged to try: Grapefruit Brulee with Vanilla Bean Crème 12 \* Blueberry Apricot Cheese Crepes 36 \* Chocolate, Banana, Raspberry French Toast 39 \* Classic Malted Belgian Waffles with Grand Marnier Maple Syrup, Toasted Coconut, Toasted Macadamias, and Fresh Whipped Cream 49 \* Fluffy Chocolate Ricotta Pancakes 50 \* Bacon, Onion, Tomato, and Smoked Cheddar Roulade 60 \* Asparagus, Caramelized Shallots, and Goat Cheese Frittata 66 \* Mini Banana Bundts 80 \* Chocolate Coconut Dipped Macaroons 83 \* Cinnamon Buns 86 \* Roasted Potato Wedges with Horseradish Sour Cream 116

I heard about Dana's book from a Facebook group of innkeepers. After being an innkeeper for 12+ years I'm always looking for new breakfast ideas. The first recipe I tried was Dana's granola, which she mentions selling in her inn. I thought "WOW, this must be great!" Mine turned out a bit too greasy for me, so today I tried again thinking maybe I measured incorrectly the first time. Well, same result. So I thought I'd search the internet and see if Dana Moos' granola recipe was out there, and sure enough I found it. The recipe was exactly the same with one exception: it called for 1/4 cup of brown sugar which the book's recipe did not. I'm imagining this was an omission in the book. Kinda frustrating, and now I'm hoping that other recipes I try from the book are correctly stated.

As a B&B owner for 15 years I found the book to be well done with some new recipes I have not tried. I liked her author's notes at the bottom of many of the recipes that included tips to avoid mishaps or to use other ingredients for variety. My B&B is very large (18 rooms) as compared to the 5-8 room size so some of the more interesting recipes are not practical when feeding 35 people. She has "been there and done that" so this book is valuable to existing B&B owners or to anyone that wants to make that special breakfast for friends and family.

Is breakfast your favorite meal of the day? Do you just think breakfast is special - or at least, ought to be? If you're anything like me, you LOVE breakfast and breakfast foods. The perfect breakfast or

brunch is a life quest for me... With *The Art of Breakfast: How to Bring B&B Entertaining Home*, I have finally found a means of creating my favorite meal of the day as breakfast, brunch, or even for dinner. Whatever dish I choose, friends and family are always surprised and always begging for the recipe!!!! If you are a true breakfast lover, this book is the ONLY one you will ever need. You will love it!!!

So how good is this book? Five years ago my husband and I vacationed in Maine, staying at Dana and her husband's B&B, the Kingsleigh Inn. We were there only one day, but left impressed with their hospitality and most of all -- the amazingly delectable food they served! For the last five years, we have reminisced over and over about Dana's cooking. When I found out Dana was creating this book, I quickly bought it upon release for my own enjoyment at home! Dana's book, *"The Art of Breakfast, How to Bring B&B Entertaining Home"* is focused on breakfast. Why? Because her inn's kitchen was too small to serve dinner, so she concentrated on serving gourmet three-course breakfasts. Her philosophy was that breakfast could be served in the manner of fine evening dining. And this she accomplished via her own, unique, original creations. The book is divided into the following categories: 1. Fruit Course 2. Sweet Entrées 3. Savory Entrées 4. Baked Goods 5. Side Dishes & Garnishes 6. Sauces, Syrups & Flavored Butters 7. Guest Gifts & Menus There are 100+ recipes, and each one is noted with a story by Dana of what her inspiration was for the dish, or with some useful tips. She takes you through each step, and shows you how to turn a simple breakfast dish into a work of art - pleasing to the eye as well as the palate. Dana is a photographer in addition to a gourmet cook, and many of the recipes are enhanced with her own mouth-watering photos. (For more about Dana's food photography, check out her blog, "Musings of the FoodMadam".) To give you a taste of what's in here, "Grapefruit Brûlée with Vanilla Bean Crème" is as easy and elegant as a recipe can be, the "Blueberry Oatmeal Streusel French Toast with Warm Maple Rum Sauce" will surely be a new family holiday favorite, and for the "Black Pepper Candied Bacon" the note reads: "MAKE EXTRA. PERIOD." 'Nuff said. If there is any single one reason to buy this book, it's for the recipe "Dana's Gourmet Granola." It's Mmmmm...mmmmm...scrumptious!!! The granola was served as a signature dish at the inn, and Dana used to package it as well, and sell it at the inn and at a local market. We bought some for the rest of our trip but it didn't last very long! This is the first time Dana has published her granola recipe - THANK YOU!!! You don't have to be an innkeeper to make good use of this book. Bring the best of B&B breakfasts home with *"The Art of Breakfast"*, and impress your family and friends with these savory recipes!

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